

Canadian Schizophrenia Guidelines

Suggested Monitoring Schedule for Antipsychotic Medication

	baseline	1 month	3 month	annually
Past Medical History	+			+
Family Hx physical illness	+			+
Smoking Hx	+		+	+
BMI (& waist circumference)	+	+	+	+
Blood Pressure	+	+/-	+	+
HbA1C/fasting glucose	+	+/-	+	+
Random lipids/fasting lipids	+	+/-	+	+
Prolactin	+/-	+/-	+/-	+/-
History & exam for EPS symptoms	+	+	+	+

+/- : as clinically indicated

BMI=Body Mass Index

EPS=extrapyramidal symptoms