

BENZODIAZEPINE EQUIVALENT DOSAGES

Alprazolam (Xanax)	0.5mg
Clonazepam	0.25mg
Diazepam (Valium)	5mg
Lorazepam (Ativan)	1mg
Oxazepam (Serax)	15mg
Chlordiazepoxide (Librium)	10mg

Source: Kaplan & Sadock's Comprehensive Textbook of Psychiatry Ninth Edition